

Treat Me Like A Woman

music: Maxi CD, edel 0159945ERE

level: Easy-Int.

artist: Lisa Stansfield

time: 4.00 min.

choreo: Sabine Koll und Gunda Martinetz, Cross Country Clogger Norderstedt

date: 21.04.2007

sequence: **A B C D A B C D E Break C* C D* End**

intro: Wait 16 beats (start Part A with singing)

Part A:

2 Turkey H(ots/w) SNP S(xib) DS RS
 L L R L RL
 1 & 2 &3 &4

2 Jazz Box Touch S S(xif) S(ib) TCH(ots)
 L R L R
 1 2 3 4

Cotton Kick KK UP(xif) /H KK UP(unx) /H DS RS
 L L R L L R L RL
 & 1 & 2 &3 &4

Triple DS DS DS RS
 R L R LR
 &1 &2 &3 &4

Jacky Kick DS RS KK UP(xif) /H KK UP(unx) /H
 L RL R R L R R L
 &1 &2 & 3 & 4

Triple DS DS DS RS
 R L R LR
 &1 &2 &3 &4

Part B:

4 Stomp Rocking STO BR UP /H DS RS turn each ¼ left on beat 2
 Chair L R R L R LR
 1 & 2 &3 &4

Part C:

Soccer DS DT UP /H DS RS turn ½ left on beat 1 – 2
 L R R L R LR
 &1 & 2 &3 &4

Fancy Run DS DS(xif) BA(ots) BA(xib) BA(ots) S
 L R L R L R
 &1 &2 & 3 & 4

2 Slur Basic DS SLR S(ib) DS RS
 L R R L RL
 &1 & 2 &3 &4

repeat to face front

Part D:

Scoot DS SL RS SL RS move fwd.
 L L RL L RL
 &1 & 2& 3 &4

Triple DS DS DS RS move back
 R L R LR
 &1 &2 &3 &4

repeat

Treat Me Like A Woman

Sequence: A B C D A B C D E Break C* C D* End

Part E:

3 Samantha	DS DS(xif)	DR S(ib)	DR S(ib)	RS DS DS RS	turn ¼ - ½ - ¼ left
	L R	R L	L R	LR L R LR	
	&1 &2	& 3	& 4	&5 &6 &7 &8	

Break:

Arms	point out with both arms point to the heart with both arms make a big circle with both arms	beat 1 beat 3 beat 5 - 8
Penguin Steps	S S S S L R L R 1 2 3 4	like a penguin

Part C*:

<u>Step Triple Lick</u>	S DT UP /H	DT UP /H	DT UP /H	
	L R R L	R R L	R R L	
	1 &	2 &	3 &	4
Pump Touch	DS KK UP /H	TCH(xif)	UP /H	TCH(if) UP /H
	R L L R	L	L R	L L R
	&1 &	2 &	3 &	4
2 Slur Basic	DS SLR S(ib)	DS RS		
	L R R	L RL		
	&1 &	2 &	&3 &4	
2 Hard Step	DT(b) H BR UP /H	DS RS		
	L R L L R L RL			
	&	1 &	2 &	&3 &4

repeat Step Triple Lick, Pump Touch and 2 Slur Basic

Part D*:

Scoot	DS SL RS SL RS L L RL L RL &1 & 2& 3 &4	move fwd.
Triple	DS DS DS RS R L R LR &1 &2 &3 &4	move back ¼ left on RS

repeat 3 times

End:

Arms	point out with both arms point to the heart with both arms make a big circle with both arms and head down	beat 1 beat 3 beat 5 - 8
------	---	---